



Obstetric-gynaecological visits and consultations (with the doctor or with the midwife)

Prenatal care is not limited to checking the physical well-being of mother and baby, as it also includes support, educational and prevention interventions.

The decision to entrust the clinical management of pregnancy to family clinic professionals offers the advantage of embarking upon a program that from the beginning of pregnancy proceeds all the way to puerperium, integrating the various activities, services and professional figures involved in the birth process.

Two different situations are possible:

women with ***pregnancies not complicated*** by the presence of risk factors are looked after by the midwife team, in the midwife-run outpatient clinic for physiological pregnancies

Women whose ***pregnancies present suspicious or frankly pathological situations***, are directed to the outpatient clinic run by doctors for pregnancies at risk

Post-partum assistance

The post-partum period is a special phase in the life of a woman, her baby and the couple, one that involves multiple aspects.

It is characterised by strong emotions, important physical changes, and changes in interpersonal relationships, and coincides with the acquisition of a new role, especially in first-time parents. A complex picture in which it is easy for a need for confirmations, dialogue and support – capable of being received and answered by a midwife – to emerge.

At the family clinic, you can find:

- ***post-partum visits*** to assess the physical well-being of mother and baby (checking the post-pregnancy readjustment, stitches, lochiations, growth and nutrition of the newborn, etc.)
- ***post-partum group meetings***, in continuity with the Birth Support Course: in the group of mothers and fathers finding themselves in the same situation, with children of the same age, it is possible to have a reassuring discussion on the normality of what one is going through.
- a ***freely accessible space*** for any problem relating to mother and baby
- a ***single space*** dedicated to ***breastfeeding*** support
- the ***post-partum check-up*** (approximately one month after childbirth)