



Reception and initial health assessment for people arriving on NGO ships.

Welcome

Reception process first involves an assessment of your state of health. A doctor or nurse will assess your health and ask you questions to understand if you need assistance and/or psychological help. During the visit, a language mediator will be present to help you talk to your doctor or nurse.

What does the health assessment include?

Your blood pressure, body temperature, and heart rate will be measured, and your blood oxygen value will be assessed.

In addition, your doctor or nurse will ask you:

- if you suffer from any illness
- if you take medication daily or if you have taken medication on the ship you have traveled on (for what reason?)
- if you have known allergies to medications or anything else (to what?)
- if you have symptoms or signs such as pain (where?), itching, headache, dizziness, nausea, coughing, vomiting, diarrhea, skin redness, wounds, skin lesions
- if you are a woman, you will be asked if you are pregnant
- if you have difficulty with your movements
- other?

The doctor will investigate everything you report through a visit and, if necessary, will provide you with medication or ask for help from the hospital to better understand how you are doing and to help you.

If you show signs/symptoms of COVID-19 infection, your doctor will give you a quick and easy test to see if you have contracted the virus.

Your doctor or nurse will write down all the information you share with them on a card and give you a copy. Keep it!

Remember:

- **Follow the instructions given to you by your doctor or nurse.**
- **Do not lose the sheet that is given to you by the doctor or nurse. It may be helpful to show it to other healthcare professionals you meet in the future.**

Thank you for your cooperation.