

The breast, cervical and colorectal tumors are pathologies for which there are preventive interventions and early diagnosis. These public health interventions are the screening programs.

If you haven't received an invitation yet or you've never signed up, you can book your appointment by:

- Calling the toll-free number:  
**800 536 693**
- Writing an email to:  
[uocpomas@aslroma1.it](mailto:uocpomas@aslroma1.it)

Connecting the website:

<https://prenotascreeing.regione.lazio.it>

through **Prenota Smart** portal.

The test is FREE and a request from the attending physician is not necessary.

Instead, it is necessary to leave your contact details in order to be contacted in case of need (e-mail address, telephone number).

Participate in screenig

programs.

You can save your life.



## Participating in **SCREENING**

Is your right



## FREE MAMMOGRAPHY SCREENING PROCESS

Breast cancer is the most diagnosed cancer in women.

### THE TEST

The program includes a first radiological examination of the breast, the mammography, which can be followed up by tests, only if necessary. The result of the test, if negative, is communicated by post but if you do not receive it, contact the Screening Coordination at the toll-free number or via email.

### WHO IS IT OFFERED TO?

Screening is aimed at all women between the ages of 50 and 74.

### WHEN

The program consists of the execution of a mammogram test every two years.

## FREE COLORECTAL SCREENING PROCESS

Colorectal cancer is one of the most common cancers in both men and women. One of the first signs of colon cancer is the appearance of blood in the stool, which is not visible to the naked eye.

### THE TEST

The test involves the collection of a small sample of feces with the small spatula present in the kit. Before carrying out the exam, it is not necessary to follow a particular diet. A positive test does not indicate the presence of a tumor, but the need to carry out diagnostic investigations. If the test result is negative, it is communicated by post but if you do not receive it, contact the Screening Coordination at the toll-free number or by email.

### WHO IS IT OFFERED TO?

Screening is aimed at men and women between the ages of 50 and 74,

### WHEN

The program consists of the execution of the test every two years.

## FREE CYTOLOGICAL SCREENING PROCESS

Cervical Cancer of the uterine (cervix) becomes dangerous if it is not detected and treated early.

### THE TEST

The Pap test and the HPV test involve the removal of some cells from the cervix which are then analyzed. The test is not painful and does not expose you to any danger. This test can be followed by investigations, only if necessary. If the test result is negative, it is communicated by post but if you do not receive it, contact the Screening Coordination at the toll-free number or by email.

### WHO IS IT OFFERED TO?

Screening is aimed at women aged 25 to 64.

### WHEN

Women aged 25 to 29 are asked to have a Pap smear every 3 years. Women aged 30 to 64 are asked to take the HPV test every 5 years.