



THE FAMILY CLINIC AND THE BIRTH PROCESS SERVICES

The **Family Clinic** is a healthcare facility dedicated to assisting and supporting maternity and parenting.

Various professional figures from the healthcare, social and educational area operate in the Family Clinic. The following figures are normally present: midwives, gynaecologists, healthcare assistants and paediatricians. In some facilities, social workers and psychologists can also be found.



THE BIRTH PROCESS

The **"Birth Process"** is the name for the totality of support services set up to promote the health of the woman and her baby, starting from the pre-conception phase, then during pregnancy, labour/childbirth and in the puerperium.

To date, assistance to the birth process must fulfil two different and seemingly conflicting needs: the request for "safety", stimulated by the high technological level achieved in health control, and that for "humanisation", linked to the awareness that the birth of a child is something that transcends the mere medical act, and that there are many other needs, emotional and relational, to be addressed and protected.

A method that allows the two requests to be combined is the continuity of care, which the Family Clinic is able to offer thanks to the key figure of the midwife, present throughout the process – from the initial stages of the pregnancy until the end of the puerperium.



In the Family Clinic, it is possible **to personalise assistance**, diversified in accordance with clinical needs and cultural choices, characterised by the enhancement of skills and awareness of the woman and the couple, who are enabled to make informed choices based on their peculiar needs and values.