



MINISTERO  
DELL'INTERNO

## THE BIRTH PROCESS

*The midwife follows  
your process*

### In the early stage of pregnancy

Handing over the pregnancy diary represents the first encounter with the midwives. It is the chance for them to introduce the services dedicated to the birth process and assess risks in order to personalise assistance.

### In periodic check-ups and meetings

When the initial assessment identifies a normal situation, the midwife will follow the pregnancy. Assistance is not limited to checking physical well-being, as it also includes support, educational and prevention interventions.

### In accompanying the birth

The courses, besides offering support and information to women, their partners and their families, represent an opportunity to meet and share things with other people who are experiencing the same moment.

### In your return home

The midwife offers support after childbirth as well: the family clinic represents a space to tackle the problems of mother and newborn child, lend assistance to breastfeeding, and deal with the post-partum stage peacefully.